

Please contact the individual vendors directly for all orders. For all other inquiries, please contact [info@psfn.org](mailto:info@psfn.org).

Thank you for supporting the Seattle Wholesale Market!

**Fresh Sheet for 8/10/2011**

Grand Central Baking Co	Products	Price/Minimum	Quantity Available
Seattle, WA	Como (Artisan White)	\$2.66/1	*Pre-order by 2pm Monday to pick up at Market Wednesday. Please note that because of the lengthy process to make bread, the business requires to days meet orders
www.grandcentralbakery.com	Ciabatta	\$2.31/1	
Meghan Stuart	Peasant Levain	\$2.77/1	4
206-768-0320	Rustic Baguette	\$1.95/1	4
m.stuart@grandcentralbakery.com	Petite Baguette	\$1.25/1	8
	Potato Rolls	\$2.32/8	8
	Rosemary Rolls	\$2.80/8	24
	Como Sandwich (sliced)	\$4.16/1	24
Last updated Aug 1, 2011 (MZ)	Whole Wheat Sandwich (sliced)	\$4.64/1	3
(Please enter date the sheet was updated and initial)	Marble Rye Sandwich (sliced)	\$5.50/1	3
Pre order by 2pm Monday afternoon.	Multigrain Whole Wheat (sliced)	\$3.95/1	2
	Brioche Burger Buns	\$3.60/6	2
	Brioche Hot Dog Buns	\$2.40/4	24
			16

3 Sisters Cattle Co	Products	Wholesale Price/Qty	Notes
Whidbey Island, WA			Pre-order by noon Tuesday to pick up at Market Wednesday.
http://www.3sistersbeef.com/ Shelly Muzzal	Natural Grass Fed Uncured Beef Franks 12 oz (8 per pkg)	\$ 50.31 per case (12 pkgs per case)	
360-914-7058	Natural Grass Fed Uncured Beef Franks 16 oz (4 per pkg)	\$44.72 per case (8 pkgs per case)	
shelly@3sistersbeef.com	Natural Grass Fed Uncured Beef Pepperoni Sticks 4 oz (5 sticks per pkg)	\$39.84 per case (12 pkgs per case)	
	Grass Fed Ground Beef 10 pound chubs (6 per box)	\$4.19 per pound Approx \$250.00 per case	
Last updated Aug,8/ 2011 (MZ) (Please enter date the sheet was updated and initial)			

Mike and Jean's Berry Farm	Products	Wholesale Prices	Notes
Mt Vernon, WA	Strawberries (non sugared): *30 lb pails	\$36/\$40/\$44	*30# Strawberries also available with sugar.
Mike Youngquist	Raspberries non sugared: 28 lb pails	\$57/\$61/\$61	non sugared pails are ideal for food service
mike@mikeandjeans.com	Strawberries (non sugared): 15 lb pails	\$20/\$22/\$24	60 - 15# pails per pallet
Call to order: 360-424-7220 or cell 360-770-4670	Raspberries (non sugared): 14 lb pails	\$29/\$31/\$31	48 - 30# pails per pallet
			*Please make orders by Monday afternoon to accommodate logistical needs. If order is made later than Monday afternoon please call vendor to ensure product will be available
http://www.mikeandjeans.com/ Last updated Aug 8/2011 (MZ) (Please enter date the sheet was updated and initial)	Strawberries: (non sugared) 7 lb pails	\$14/\$15/\$15	
	Raspberries (non sugared): 6.5 lb pails	\$16/\$17/\$17	
Call Mike to order for wholesale market pick-ups or inquire about distribution alternatives	Strawberries 6/3 lb Zip Lk	\$33/\$35/\$35	
*Pre-order by Monday afternoon to pick up at Market Wednesday.	Strawberries 8/3 lb Zip Lk	\$42/\$46/\$48	
	Raspberries 6/3 lb Zip Lk	\$41/\$42/\$43	
	Raspberries 8/3 lb Zip Lk	\$54/\$56/\$57	

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	Blueberries 10 lb. Box/Pails	\$23.50/\$24/\$28		
	Blueberries 6/3 lb Zip Lk.	\$46/\$47/\$50		
	Blackberries 14 lb. Pails	\$23.50/\$23/\$24		
	Blackberries 28 lb.	\$42/\$45/\$47		
	BLEND-Rasp-Blue-Black 6+1, 14lb.	\$30/\$32/\$32		
<b>Link Lab Artisan Meats, LLC</b>	<b>Products</b>	<b>Price/Minimum</b>	<b>Notes</b>	
Seattle, WA <a href="http://www.linklabartisanmeats.com">http://www.linklabartisanmeats.com</a>	Jalapeno Pork Sausage: Cutting and seeding so many fresh jalapeno peppers takes some extra effort, but I'm glad so many people love this sausage as much as I do. If you haven't had the Jalapeno sausage, it is not a spicy link. Just delicious with lots of bright jalapeno, well balanced herbs, and a hint of brown sugar.	\$10/lb	Bright fresh pepper flavors without the burning heat. This is has quickly become a customer favorite.	
David Pearlstein 206-660-5182	Lemon Zest and Thyme: Bright fresh flavors of lemon zest and thyme combine with Ephrata, WA's hazelnut finished pork from Tails & Trotters.	\$10/lb	<b>NEW SAUSAGES COMING SOON!</b> : fyi....I just finished applying for 12 new sausage varieties. As I've mentioned, this requires submitting labels to the USDA folks in Maryland and waiting (and waiting and waiting....) for their stamp of approval. There should be duck, chicken, and lots of new pork sausage available in a few weeks. Can't wait!	
<a href="mailto:david@linklabartisanmeats.com">david@linklabartisanmeats.com</a>	Fremont Beer Brats: Mild, kid-friendly, ultra-grill-able, and a consistent summertime favorite. I've mentioned the Fremont Brewing Company's Universal Pale Ale that goes into the recipe	\$10/lb	Inspired by memories of the bratwurst eaten in the midwest, Link Lab has taken this classic football-weekend sausage and put our own twist on it. Along with marjoram and mustard seed, Fremont Brewing Company's Universal Pale Ale is a key ingredient in this sausage. Not spicy, and very kid friendly sausage. Tails and Trotters hazelnut finished pork is used in this sausage.	
	Rosemary lamb: If you're going to use great lamb in a sausage, you deserve to taste the lamb. Pepper, wine, garlic, and rosemary are used sparingly so as not to hide any of the lamb's magic.	\$15/lb		
NOTE TO CUSTOMERS: Weekly production capacity at Link Lab is limited to around 130#. I fill orders on a first come first served basis each week, and sausage seems to sell quickly (thank you!). However....orders received by EOD Monday can guarantee your sausage for the following week's production run.. Contact me ( <a href="mailto:david@linklabartisanmeats.com">david@linklabartisanmeats.com</a> ) to pre-order or with any questions.	Chorizo	\$10/lb (or \$9/lb loose, not in casings)	Featuring pork sources from Creviston Valley Farm in Longbranch, WA, this chorizo uses two different types of paprika and several kinds of chili peppers give this pork chorizo sausage complexity without too much heat. May chefs prefer this in a loose bulk bag rather than stuffed into links. Just let me know what you prefer.	
DISCOUNT ALWAYS AVAILABLE! And...all sausage can be prepared in links or loose/bulk (not in a casing). There is always a 10% discount for loose/bulk sausage purchases.	Beef Pepper Sausage (contains pork)	\$12/lb	Silvies Valley Ranch Grass-fed beef flavors are complemented (but not overshadowed) by pepper, garlic, mustard seed, and mace.	
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Dave's Produce		Products	Wholesale Price/Qty	Notes	
Ephrata, Wa		Large Walla Walla Sweets	10 pound boxes, \$5	Pre-order by noon Tuesday to pick up at Market Wednesday.	
<b>Dave North</b>		green Zucchini and yellow squash	small - \$10/10lb, large - \$5/10lb	Check back regularly - more produce in August.	
<b>Tongloag@aspeedynet.net</b>		Cucumbers	\$5/10lb		
<b>Call to order: 509-989-5446</b>		Green and Purple Beans	\$7.50/10lb		
Last updated Aug8/11 (MZ)		Delicata Summer Squash	\$5/10lb		
(Please enter date the sheet was updated and initial)					
Creviston Valley Farms		Products	Wholesale Price/Qty	Notes	
Creviston, WA				Pre-order by noon Tuesday to pick up at Market Wednesday.	
<b>Lalaine Wong</b>		Whole Chicken		pasture raised meat birds	
<b>alohabb@comcast.net</b>		different cuts of pork:			
<b>Call to order: 253-858-4844</b>		pork sausage	\$4/lb	All ground meat in 1/lb packaging	
		ground pork	\$3.5/lb		
		ground beef	\$4/lb		
		Eggs	20 dozen		
Last updated Aug8/11 (MZ)		Jams and jellies	7 varieties	All preserves made with fruit from the farm	
(Please enter date the sheet was updated and initial)					
Sky Harvest Produce		Products	Wholesale Price/Qty	Notes	
Mt Vernon, WA		Raspberries (half flats)	Call Nate to inquire		
<b>Nate Youngquist</b>		Blueberries			
<b>skyharvestproduce@gmail.com</b>		Blackberries			
<b>Call to order: (360) 421-0075</b>		may have a few strawberries			
Last updated Aug, 8, 2011 (MZ)					
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Seattle Tilth's United People's Farm		Products	Wholesale Price/Qty	Notes	
Auburn, WA		Romaine Lettuce	12 heads: \$9	Pre-order by noon Tuesday to pick up at Market Wednesday.	
<b>Micah Anderson</b>		Iceberg Lettuce	12 heads: \$9	Please Contact Micah Anderson to receive current prices	12 heads
<b>206-681-4876</b>		Romanesco Broccoli	1 pound \$2		12 heads
<b>jmicaha@gmail.com</b>		Rainbow Chard	12 bunches: \$12		
		White Chard	12 bunches: \$12		12 bunches
		Dinosaur Kale	12 bunches: \$12		12 bunches
		Red Russian Kale	12 bunches: \$12		
		Green Cabbage	1 pound: \$1		12 bunches
		Red Beets	1 pound: \$2		12 bunches
		Yellow Squash	1 pound: \$1		12 bunches
Last updated August 6, 2011 (JMA)5pm		Red/White Potatoes	1 pound: \$1		
		Carrots	1 pound: \$0.75		12 bunches
		Green Beans	1 pound: \$1.50		
Koppang Farm/ Orchards		Products	Wholesale Price/Qty	Notes	
Ephrata, Wa		Apricots	\$15/20#box		12 heads
<b>John and Mary Catherine Koppang</b>				All our produce is organically grown and pesticide free.	
<b>mcat@sagensun.net</b>					
<b>Call to order: 509-787-1305 or cell 206-406-0864</b>					

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Last updated Aug 8, 2011 (MZ)

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**Ninety Farms**

Arlington, WA

**Linda Neunzig**

**ninetyfarms@aol.com**

**360-631-1286**

Last updated July 29 (LN)

(Please enter date the sheet was updated and initial)

**Products**

Will not attend market on August 10th, 2011

**Wholesale  
Price/Qty**

**Notes**